

# Poland

## Global Youth Tobacco Survey (GYTS)

### FACT SHEET



The Poland GYTS includes data on prevalence of cigarette and other tobacco use as well as information on five determinants of tobacco use: access/availability and price, environmental tobacco smoke exposure (ETS), cessation, media and advertising, and school curriculum. These determinants are components Poland could include in a comprehensive tobacco control program. Poland GYTS was a school-based survey of students in gymnasium 1 - 3, conducted in 2003.

A two-stage cluster sample design was used to produce representative data for all of the Poland. At the first stage, schools were selected with probability proportional to enrollment size. At the second stage, classes were randomly selected and all students in selected classes were eligible to participate. The school response rate was 92.2%, the student response rate was 78.5%, and the overall response rate was 72.4%. A total of 3,691 students participated in the Poland GYTS.

## Prevalence

59.8% of students had ever smoked cigarettes (Boys = 64.0%, Girls = 55.3%)  
 24.0% currently use any tobacco product (Boys = 26.2%, Girls = 20.8%)  
 23.3% currently smoke cigarettes (Boys = 24.9%, Girls = 20.6%)  
 10.7% currently daily cigarette smokers (Boys = 12.6%, Girls = 8.2%)  
 4.0% currently smoke cigars (Boys = 5.3%, Girls = 2.2%)  
 26.1% ever smokers initiated smoking before age ten (Boys = 30.4%, Girls = 20.9%)  
 10.2% of never smokers are likely to initiate smoking next year (Boys = 8.2%, Girls = 12.3%)

## Access and Availability - Current Smokers

23.7 usually smoke at social events  
 55.8% buy cigarettes in a store  
 74.3% who bought cigarettes in a store were NOT refused purchase because of their age

## Environmental Tobacco Smoke

87.9% live in homes where others smoke in their presence  
 91.2% are around others who smoke in places outside their home  
 71.0% think smoking should be banned from public places  
 65.0% think smoke from others is harmful to them  
 58.9% have one or more parents who smoke  
 21.0% have most or all friends who smoke

## Cessation - Current Smokers

53.0% want to stop smoking  
 61.8% tried to stop smoking during the past year  
 57.3% have ever received help to stop smoking  
 13.3% always have or feel like having a cigarette first thing in the morning

## Media and Advertising

64.0% saw anti-smoking media messages vs. 67.1% saw pro media messages on TV  
 49.3% saw anti messages on billboards  
 61.8% saw anti smoking ads in newspapers or magazines  
 27.3% have an object with a cigarette brand logo  
 28.1% were offered free cigarettes by a tobacco company representative

## School

55.9% had been taught in class, during the past year, about the dangers of smoking  
 46.9% had discussed in class, during the past year, reasons why people their age smoke  
 51.1% had been taught in class, during the past year, the effects of tobacco use

## Highlights

- 24% of students currently use any form of tobacco; 23% currently smoke cigarettes; 10.7% currently daily cigarette smokers; 4% currently smoke cigars; 10% never smokers likely to initiate smoking next year.
- ETS exposure is high – Almost 9 in 10 students live in homes where others smoke in their presence; 9 in 10 are exposed to smoke in public places; Almost 6 in 10 have parents who smoke.
- Over 6 in 10 students think smoke from others is harmful to them.
- 7 in 10 students think smoking in public places should be banned.
- Over 5 in 10 smokers want to quit; over 1 in 10 feel like having a cigarette first thing in the morning.
- Over 6 in 10 saw anti-smoking messages on TV and almost 7 in 10 saw pro-smoking messages on TV. Almost 5 in 10 saw anti – smoking messages on billboards; 6 in 10 saw anti-smoking ads in newspapers
- Only 5 in 10 were taught in school about dangers of smoking.